

Eye Fatigue

Health History Form & Lifestyle Questionnaire

							Today's Date:	
PATIENT INFORMATION								
Patient Name:							Date of E	sirth://
Gender: □ Male □ Female	H	leight	t:	ft	in	Weight:	lbs	
Last Eye Doctor/Location:						Date of la	ast eye exam: _	
Primary Care Physician/Location:						Date of la	ast physical exa	m:
Pharmacy/Location:						Occupat	ion:	
What is the main reason for your visit	today	·?						
Do you have any other visual/ocular	oroble	ms?_						
SPECTACLE/CONTACT LENSES								
Do you primarily wear glasses? ☐ Ye	es □N	lo □	Full T	ïme □	Part Time	☐ Distance Only	□ Reading Onl	y □ Multifocal
How old are your current glasses?_								
Do you wear contact lenses? ☐ Yes	□ No			А	re you intere	sted in a new co	ntact lens desig	ın? □Yes □No
Are you interested in refractive surge	ery (las	ser or	catar	act) op	tions? □ Yes	s □ No		
COMPUTERUSE								
How many total hours per day do you	use a	com	puter,	, cell ph	one, tablet o	r play video gam	es?	
\square 0-2 hours \square 2-4 hours \square 4-0	3 hours	s □n	nore t	han 6 h	ours			
Do you use computer glasses? □Ye	s □N	lo						
Are you interested in special glasses			mput	er work	ceasier? □Y	es □No		
SPORTS & LEISURE								
What sports/hobbies do you particip	ate in'	?						
Do you wear any special eyewear for								
Do you currently wear prescription s	-							
DRY EYE QUESTIONNAIRE Pleas	e ched	ck off	the fo	ollowing	for SEVER	ITY and FREQU	IENCY of dry ey	ve symptoms:
Severity of Symptoms	0	1	2	3	4 Lege	and		
Dryness, grittiness or scratchiness						lo problems		
Soreness or irritation					1 - Tolerable (not perfect, but not uncomfortable) 2 - Uncomfortable (irritating, but does not interfere with 3 - Bothersome (irritating and interferes with my day)			
Burning or watering								
Eye Fatigue					4 - Ir	ntolerable (unabl	e to perform my o	daily tasks)
Frequency of Symptoms	0	1	2	3				
Dryness, grittiness or scratchiness		,	_ <i></i> _		Legend			
Soreness or irritation					0 - Never 1 - Someti	mas		0#:!! 0 !
Burning or watering					2 - Often			Office Use Only Intern Initials
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KH1079-0719

Faculty Initials_

Please check boxes that apply. Unchecked boxes will mean "no".

Review of Systems

	Current Symptoms	Yes
Allergy	Seasonal	
Allergy	Penicillin	
	Sulfa	
	Neomycin	
	Anesthetic or "Caine" drug	
	Food:	
	Other:	
Constitutional	Unexplained Fever	
	Unexplained Weight Loss	
	Unexplained Fatigue	
Cardiovascular	Chest pain	
	Shortness of breath with exertion	
	Irregular heart beat	
	Low heart rate	
Endocrine	Increase in urination	
	Increase in thirst	
	Increase in appetite	
Gastrointestinal	Constipation	
Gastronitestinal	Diarrhea	
	Unexplained abdominal pain	
	Vomiting blood	
	Blood in stool	
Genitourinary	Burning while urinating	
	Difficulty urinating	
	Blood in urine	
Head	Persistent sore throat	
	Hearing loss	
	Hoarseness of voice	
	Ear or nose discharge	
	Loss of smell	
	Sinus congestion	
	Difficulty swallowing	
	Mouthulcers	
Hematologic/	Swollen glands	
Lymphatic	Anemia	
Lymphatic	Frequent bruising	
Immunologio/	-	
Immunologic/	History of infectious disease	
Integumentary	Unexplained skin rashes	
(Skin)	Persistent itching of skin	
	Eczema of skin	
	Pigmented lesions	
Musculoskeletal	Joint pain	
	Unexplained muscle pain	
	Restriction of motion	
	Lower back pain	
Neurologic	Muscle weakness	
-	Tingling in extremities	
	Dizziness	
	Blackouts/Grey outs	
Psychiatric	Ongoing depression	
. Sycillatife	Memory lapses	
	Disorientation	
	Dementia	
Respiratory	Shortness of breath	
	Persistent cough	
	Wheezing sounds	

Eye History

Conditions	Yes	Surgeries	Yes
Glaucoma/Suspect		Cataract	
Cataract		Glaucoma	
Macular degeneration		Retinal Detachment	
Uveitis		LASIK	
Retinal Detachment		Laser	
Eye turn/Lazy Eye		Eyelid	
Trauma		Injections in the eye	
Other:		Other:	

Medical History

	Yes		Yes
Diabetes		Heart Attack	
High blood pressure		Stroke	
Elevated Cholesterol		Cancer	
Thyroid disorder		Asthma/COPD	
Sleep Apnea		Kidney disease	
Pregnant - currently		Arthritis	
Nursing - currently		Other:	

Family History

Ocular	Yes	Medical	Yes
Glaucoma		Diabetes	
Macular degeneration		Hypertension	
Eyeturn		Cancer	
Night blindness		Heart disease	
Keratoconus		Migraine	
Other:		Other:	

Social History

	Yes		Yes
Smoked in the past		Drink alcohol	
Currently smoke		Recreational drug use	

Medications*

Name	Dose	Purpose

^{*}Please include over the counter medications, eye drops, vitamins, contraceptives, and herbal supplements.

I verify that the information contained on this page is current and without changes. Signature required yearly.

Patient Signature Date